



## **2019/2020 Social Service Resource List**

**Alateen** - California Community Church, 30125 Agoura Rd., Agoura Hills, CA 91301

Alateen offers free support meetings for teens that are affected by alcoholic/addicted family members. These groups help teens by providing support and hope. Meetings are held every Wednesday night at 7:30pm.

(310) 385-1759 [al-anon.org](http://al-anon.org)

**Art Trek** - 703 Rancho Conejo Blvd., Newbury Park, CA 91320

Art Trek Studio provides services at their studio and other locations in the community. Instructors work with both the general population and at-risk youth. Art expression has been known to help students with problem solving, communicating more effectively, and with commitment through completion of art projects.

(805) 499-1700 [arttrek.org](http://arttrek.org)

**Aspiranet** - 5284 Adolfo Rd., Suite #100, Camarillo, CA 93012

Includes adoption and foster care services, education through after-school youth development programs, support for pregnant women and new mothers, early prevention strategies for at-risk families supporting emotional and behavioral health.

(805) 289-0120 [aspiranet.org](http://aspiranet.org)

(800) 499-1905 24hr hotline

**Aspire Counseling** - 1445 E. Los Angeles Ave. Suite #104, Simi Valley, CA 93065

Aspire provides the top of the line treatment for men, women, and affected families seeking relief from addiction, mental health, and/or co-occurring disorders. Aspire Counseling Services utilizes a variety of assessments, individualized treatment planning, safety plans, behavioral contracts, safety contracts, group sessions, individual, couples and multi-family counseling and therapy, education and relapse prevention, co-dependency, self-esteem, cognitive distortions, anger, parenting, mindfulness skills, discharge planning, and aftercare.

(888) 585-7373 [aspirecounselingservice.com](http://aspirecounselingservice.com)

**Autism Society of Ventura County** – 80 East Hillcrest Dr. Thousand Oaks, CA 91362

The mission of the Autism Society Ventura County is to improve the lives of all affected by Autism. We work to promote lifelong access and opportunity for all individuals within the autism spectrum and their families to be fully included members of the community.

(805) 496-1632 [autismventura.org](http://autismventura.org)



### **BRITE/Reality Improv**

BRITE/Reality Improv is funded by Ventura County Behavioral Health, alcohol and drug programs. They engage youth and young adults in advocacy and action to promote health and well-being through projects to reduce underage and binge drinking, impaired driving, prescription drug, marijuana and other drug abuse, bullying and suicide. BRITE provides volunteer and community service opportunities for young people (ages 12-25) to make a difference through Social Change Theatre, video production, writing, social media and live presentations and supports youth led projects of many kinds.

(805) 647-4622 [info@BRITEyouth.org](mailto:info@BRITEyouth.org)

### **Casa Pacifica Centers for Children and Families - 1722 S. Lewis Rd., Camarillo, CA 93012**

Casa Pacifica assist youth and families during challenging times and offers them help to overcome some of life's most difficult circumstances – abuse and neglect, complex emotional and behavioral issues, and family crises. Casa Pacifica offers the Short-Term Adolescent Residential Treatment (START) program which is designed for youth ages 9 through 17 years old, with outpatient services addressing a wide range of mental-health issues.

(805) 366-4011 [casapacifica.org](http://casapacifica.org)

### **Center4SpecialNeeds – 1337 E. Thousand Oaks Blvd #202, Thousand Oaks, CA 91362**

Center4SpecialNeeds provides resources, education and free consultations for families who have children and young adults with developmental disabilities. Offering opportunities to develop social skills for both children and teens, social clubs, mentor programs and job preparation for young adults. There is also a monthly gathering for parents and a parent mentor program.

(805) 379-1681 [c4sn.org](http://c4sn.org)

### **Clinicas Del Camino Real Inc. - 1000 Newbury Rd. Suite #150, Newbury Park, CA 91320**

Clinicas is a non-profit organization offering medical, dental, vision, psychiatric, psychological, and counseling services. Enrollment services include: Medi-Cal applications, Covered California applications, Cal-Fresh applications, Patient Assistance Program, and assistance with disability forms.

Clinicas is available to patients 24 hours a day.

24/hours line: (866) 885-7900

(805) 498-3640 [clinicas.org](http://clinicas.org)



**City of Thousand Oaks Community Services** - 1401 E. Janss Rd., Thousand Oaks, CA 91362

Youth services provided by the City of Thousand Oaks includes supplying staff to serve as liaisons to the Thousand Oaks Youth Commission, Conejo Coalition for Youth and Families, the Substance Abuse Committee, Community Conscience, and the Teen Center. Staff, in coordination with Youth Outreach Workers, also assigns community service projects to Social Host Ordinance violators. In addition, staff maintain the Conejoconnections.org website. The Youth Commission's purpose is to act in an advisory capacity to the City Council on matters relative to youth and implementation of the City Youth Master Plan.

(805) 381-7362 [toaks.org/youth](http://toaks.org/youth)

**City of Thousand Oaks Library** - Grant R. Brimhall Library - 1401 E. Janss Rd., Thousand Oaks, CA 91362 & Newbury Park Library - 2331 Borchard Rd. Newbury Park, CA 91320

Thousand Oaks Library provides valuable educational, life-long learning and entertainment resources. Users can access materials at both branches of the Library during open hours and even online 24/7 through the Virtual Library. Educational services offered through the library include homework help, job & career resources, standardized test preparation, various Learning @ Your Library classes, access to Lynda.com an online educational video library, Kanopy online streaming documentaries and films, Rosetta Stone language learning, e-Books, 3-D printing and much more. Thousand Oaks Library also offers free computer and wifi access. Check out the Library website, call or come in for more information.

(805) 381-7367 [tolibrary.org](http://tolibrary.org)

**CLU Community Counseling Center** - 31416 Agoura Rd., Suite #115, Westlake Village, CA 91361

A private, non-profit, affordable counseling center providing high quality services to individuals of all ages, couples, and families in a private or group setting.

(805) 493-3390 [clucounseling.org](http://clucounseling.org)

**Community Conscience** - 80 E. Hillcrest Dr., Suite #110, Thousand Oaks, CA 91360

Administration and operation of the Human Services Center. Provides referrals to social services.

(805) 494-3543 [communityconscience.org](http://communityconscience.org)



**Conejo Free Clinic** - 80 East Hillcrest Dr., Suite #102, Thousand Oaks, CA 91360

Provides general medical, women's health and pediatric care. Saturday women's clinics are available for working women, providing well-woman exams, PAP testing and mammograms. The clinic also provides limited dental services, counseling, advocacy services, legal services and a variety of educational health-related classes.

(805) 497-3575 [conejofreeclinic.org](http://conejofreeclinic.org)

**Conejo Youth Employment** - 80 E. Hillcrest Dr., Suite #207, Thousand Oaks, CA 91360

Free employment search and referral service to Conejo Valley youth, ages 14-22.

(805) 496-6868 [conejoyes.com](http://conejoyes.com)

**Department of Rehabilitation** – 101 Hodencamp Rd. Suite #212, Thousand Oaks, CA 91362

DOR Student services include Job Exploration/Counseling, Work-Based Learning Experiences (including temporary paid work experiences), Postsecondary Education Counseling, Workplace Readiness Training, and Instruction in Self-Advocacy.

Participants can be any student, ages 16-21 (up to 22) who has been identified as having a disability, attending public/private high school, charter schools, or home schools, attending college or any post-secondary education settings.

(805) 371-6291 Student Services Counselor, [Seth.Wegher-Thompson@dor.ca.gov](mailto:Seth.Wegher-Thompson@dor.ca.gov)

(805) 371-2687 Student Services Service Coordinator, [Lisa.Oliver@dor.ca.gov](mailto:Lisa.Oliver@dor.ca.gov)  
[dor.ca.gov/Home/StudentServices](http://dor.ca.gov/Home/StudentServices)

**Engage Therapy**- 660 Hampshire Rd., Suite #100, Westlake Village, CA 91361

Engage is comprised of a large private practice of 20+ clinicians as well as providing several outpatient treatment programs for children, adolescents and adults who need more support. Our mission is to be a place that creates a safe, accepting environment empowering people to connect, learn, heal, and grow.

(805) 497-0605 [engagetherapy.com](http://engagetherapy.com)

**Fit 4 The Cause** - 80 E. Hillcrest Dr., Suite #201, Thousand Oaks, CA 91360

Fit 4 The Cause provides therapeutic exercise and nutrition education for thousands of low-income recipients including at risk teens, fragile seniors and vulnerable children. We track progress through our programs and everyone's well-being continues to improve.

(818) 783-3307 [fit4thecause.org](http://fit4thecause.org)



**Food Share** - 4156 Southbank Rd., Oxnard, CA 93036

Food distribution program for Ventura County. United Methodist Church (Distribution Center) 1000 Janss Road, Monday/Wednesday 10:00-11:00am.  
(805) 983-7100 [foodshare.com](http://foodshare.com)

**Harbor House** - 430 E. Avenida de los Arboles, Suite #203A, Thousand Oaks, CA 91360

Harbor House hopes to contribute to the building of a just community where all people are included. They see all human beings as worthy of our time and our efforts. We offer referrals, resources, case management, and a hand up for those who are struggling. It is our goal to help all people in our community find hope, gainful employment, affordable housing, and a sense of personal well-being.  
(805) 464-3533 [harborhouseto.org](http://harborhouseto.org)

**Hospice** - 80 E. Hillcrest Dr., Suite #204, Thousand Oaks, CA 91360

Hospice of the Conejo provides spiritual and emotional support to those who are dying and to their loved ones. Compassionate care and support for the bereaved is also provided.  
(805) 495-2145 [hospiceoftheconejo.org](http://hospiceoftheconejo.org)

**Human Services Agency** - 80 E. Hillcrest Dr., Suite #200, Thousand Oaks, CA 91360

Provides public services that promote self-sufficiency, health and well-being. Programs help ensure the protection of children, the elderly and dependent adults. Services include assistance with food, housing, and health care.  
(805) 374-9006 [ventura.org/human-services-agency](http://ventura.org/human-services-agency)

**Interface Children & Family Services** - 80 E. Hillcrest Dr., Suite #175, Thousand Oaks, CA 91360

Interface is Ventura County's leading nonprofit social services agency, providing free, proven, and responsive services to address the complex physical and emotional needs of 59,000 local clients every year. Its 30 programs utilize 10 evidence-based practices to serve children, teens, adults and families who are typically low-income and struggling with poverty, domestic violence, human trafficking, homelessness, incarceration, child abuse, neglect and abandonment. Interface also connects 150,000 clients per year to a vast network of health and human services in 19 counties through its 2-1-1 Information and Referral program. Interface's core program areas are Mental Health and Trauma Treatment, Domestic Violence Intervention and Child Abuse Prevention, Youth Crisis and Homeless Services, Human Trafficking Intervention, Reentry Services, Early Childhood Family Development and 2-1-1 information and referral. The agency operates out of five locations including Camarillo, Moorpark, Oxnard, Santa Paula and Thousand Oaks.  
(805) 485-6114 [icfs.org](http://icfs.org)



**La Ventana Recovery Center** – 3625 E, Thousand Oaks Blvd., Westlake Village Suite #102, CA 91360

La Ventana Programs offers outpatient, insurance-based treatment for mental health, substance abuse and detox and all underlying issues that correspond with each individual case. La Ventana facilitates the recovery process through group therapy, family support, individual therapy, meal plans, and staff-supported meals.

Mental Health (833) BeWell 2 (833) 239-3552

Substance Abuse (833) SOBER12 (833) 762-3712

Detox (833) DETOX12 (833) 338-6912 [lavanatreatment.com](http://lavanatreatment.com)

**Lutheran Social Services** - 80 E. Hillcrest Dr., Suite #101, Thousand Oaks, CA 91360

Operates programs and services, such as the Conejo Valley Meal & Winter Shelter, Homeless 2 Home (H2H) and provides short-term emergency assistance, addressing the immediate needs of the vulnerable and disadvantaged, but also promoting a sense of self-reliance and community among all persons. Qualified low income families experiencing emergencies can receive financial support for rent, utilities, etc. Families suffering from long-term poverty can receive resources from allies in the community whose goal is to help them transition out of poverty.

(805) 497-6207 [lsscommunitycare.org](http://lsscommunitycare.org)

**Many Mansions** - 1259 E. Thousand Oaks Blvd., Thousand Oaks, CA 91362

Many Mansions provides well-managed, service-enriched, affordable housing to low-income residents of Ventura County.

(805) 496-4948 [manymansions.org](http://manymansions.org)

**Nar-Anon** - 2420 E. Hillcrest Dr., (Room 9), Thousand Oaks, CA 91360

A support group for those affected by the addiction of a family member or a friend. This program offers help through sharing experiences, offering strength and hope. No religious affiliation.

(805) 497-2220 [naranon.org](http://naranon.org)

**Narcotics Anonymous** - 1197 E. Los Angeles Ave., Suite #306, Simi Valley, CA 93065

A nonprofit agency for people for whom drugs have become a major problem. Members are recovering addicts who meet regularly to help each other stay clean. All ages welcome.

(888) 672-9318 [clana.org](http://clana.org)





**Not One More** – 255 Simi Village Dr. Simi Valley CA, 93094

Not One More is a nonprofit organization originated in Simi Valley in 2012. The mission is to raise awareness and prevent drug addiction through education and community partnerships. The hope is that all children will choose a path free of drug addiction, and follow their own dreams by not giving in to peer pressure, bullying and other negative influences. By working with school districts, city leaders and community partnerships they stand united to say: Not One More overdose, Not One More lost spirit, Not One More grieving heart!

(805) 428-5953 [notonemore.net](http://notonemore.net)

**Ohana Health Clinic** - 80 E Hillcrest Dr., Suite #130, Thousand Oaks, CA 91360

A licensed medical clinic offering free pregnancy testing and verification, free (limited) ultrasound scans, options counseling, STD screening and treatment for women and men, post-abortion support, sexual health education, single mom support, community referrals for education, housing and medical treatment.

(805) 373-1222 [conejopregnancycenter.com](http://conejopregnancycenter.com)

**One Spark Academy** - 1375 East Janss Rd., Thousand Oaks, CA 91362

A privately-run learning academy for homeschooled and independent study students in grades 6-8, with many classes appropriate for grades 9-12. Offering core academic and enrichment courses and flexible scheduling; additional enrichment courses are run by CRPD. One Spark Academy is a 501(c) (3) non-profit organization.

(805) 214-6889 [onesparkacademy.org](http://onesparkacademy.org)

**PACER's - National Bullying Prevention Center** - 80 E. Hillcrest Dr., Suite #203, Thousand Oaks, CA 91360

PACER's is now housed in Thousand Oaks, offering educators and students free resources to better understand bullying and how to stop it from happening. Services are provided at County, State and National levels.

(310) 749-8782 [pacer.org/bullying](http://pacer.org/bullying)

**Planned Parenthood California Central Coast** - 1200 W. Hillcrest Dr., Suite #100, Thousand Oaks, CA 91360

Planned Parenthood provides a full range of high quality, professional services to meet all reproductive health care needs. Our experienced and medical staff is here to help young adults make healthy, responsible decisions. All our services are confidential. Health centers offer a wide variety of health care services for people of all genders, including: annual well person/pelvic exams, pap tests & HPV tests, family planning services, emergency birth control, pregnancy testing and options counseling, abortion services, HIV/AIDS testing and counseling, STI testing and colposcopy.

(805) 963-2445

(888) 898-3806 [ppcentralcoast.org](http://ppcentralcoast.org)



**Pyles Boys Camp** - 27211 Henry Mayo Drive, Valencia, CA 91355

Daring Boys to Become Men, since 1949 Pyles boys camp promotes long-term positive behavioral change for low-income, disadvantaged boys by providing a multi-year wilderness camp experience supplemented by year-round mentoring that builds life skills and instills the values of hard work, education, and positive choices.

(661) 294-1394 [pylescamp.org](http://pylescamp.org)

**ROWI – Teen & Parent Wellness Center** - 123 Hodencamp Rd., Suite #210, Thousand Oaks, CA 91360

ROWI uses the most effective, evidence-based methods. Their team also integrates non-traditional treatment methods like meditation, yoga, equine, art, and surf therapies to treat the whole person. They give care and attention to every child in need, regardless of race, religion, gender, or socioeconomic status. The wellbeing of the child comes first.

Whether in outpatient therapy or partial hospitalization, the health and wellness of each adolescent is their mission.

(805) 261-1749 [www.rowiteen.com](http://www.rowiteen.com)

**Telecare – VIPS** - 1919 Williams St., Suite# 200, Simi Valley, CA 93065

Ventura Early Intervention Prevention Services, in partnership with Telecare, serves young people ages 16-25 in Ventura County who are at risk for developing psychosis.

(805) 526-3539 [telecarecorp.com/vips](http://telecarecorp.com/vips)

**Thousand Oaks Police** - 2101 East Olsen Rd., Thousand Oaks, CA 91360

The members of the Ventura County Sheriff's Department are committed to safeguarding the lives and property of Ventura County residents and responding to public concerns in a manner which promotes neighborhoods free from the fear of crime. This includes a Crime Prevention Department providing School Resource Officers (SRO's) to our secondary schools.

(805) 494-8200

Senior Deputy Damian Alvarez [damian.alvarez@ventura.org](mailto:damian.alvarez@ventura.org)

Deputy Joe Ramirez SRO (NPHS/CVHS/SEQ) [joeM.ramirez@ventura.org](mailto:joeM.ramirez@ventura.org)

Deputy Elson Molina SRO (TOHS) [elsonM@ventura.org](mailto:elsonM@ventura.org)

Deputy Amber Voorhees (WHS/LC) [Amber.voorhees@ventura.org](mailto:Amber.voorhees@ventura.org)





**Thousand Oaks Teen Center** - 1375 E. Janss Rd. Thousand Oaks, CA 91362

Public Recreation Community Center designed specifically for 7<sup>th</sup>–12<sup>th</sup> grade teens that live in the Conejo Valley. The facility features a gym, soundproof music room, game room, computer lab and more. Programs include a variety of recreational classes, workshops, camps, leagues, excursions, dances, concerts, and other great special events, as well as drop-in recreation. This program is administered by Conejo Recreation & Park District, funded by the City of Thousand Oaks, in cooperation with Conejo Valley Unified School District.

Sarah Daub [sdaub@crpd.org](mailto:sdaub@crpd.org)

Jay Dodwell [jdodwell@crpd.org](mailto:jdodwell@crpd.org)

(805) 494-5156 [thousandoaksteencenter.com](http://thousandoaksteencenter.com)

**Ventura County Alcohol & Drug Program – Teen** - 125 W. Thousand Oaks Blvd. Suite #400, Thousand Oaks, CA 91360

The youth service programs provide a broad range of services for alcohol and drug-related problems which include prevention services, assessment, treatment, crisis intervention and referral services to youth and their families.

(805) 777-3570 [venturacountylimits.org/about/youth-services](http://venturacountylimits.org/about/youth-services)

**VCBH - Ventura County Behavioral Health Care Agency** - 125 W. Thousand Oaks Blvd., Suite #600, Thousand Oaks, CA 91360

Youth and Family services provide integrated mental health services by working with the community and with other agencies such as Special Education, Human Services Agency/Children Family Services, Juvenile Justice System and Children's Medical Services. Comprehensive services include; psychiatric assessment and treatment, case management, outpatient individual and group therapy, psychological testing, school-based services, home-based services, acute care of crisis and hospitalization. All the programs strive to ensure continuity of appropriate care in the least restrictive environment and prevent out-of-home placement.

(805) 777-3505 [vchca.org](http://vchca.org)

**VCMRF - Ventura County Medical Resource Foundation** - 199 Figueroa St., Second Floor, Ventura, CA 93001

VCMRF's **Children's Resource Program** (CRP) serves low-income, uninsured and underserved children's oral health and vision care needs through donated services by providers throughout Ventura County. The program's goal is to reduce inequities and disparities for children and their families when accessing oral and vision health care services.

General Line: (805) 641-9800

Direct Line: (805) 641-9802

Fax: (805) 641-9008 [vcmr.org/childrens-resource-program.html](http://vcmr.org/childrens-resource-program.html)



### **VCYPAA - Ventura County Young People in Alcoholics Anonymous**

The Ventura County Young People's Committee is made up of people in Alcoholics Anonymous, working with each other, for each other, for the common purpose of staying sober and carrying the message. The program offers fellowship, and social activities. Young people are encouraged to participate.

(805) 390-4814 [aocypaa.org](http://aocypaa.org)

### **Villa Esperanza - 80 East Hillcrest Drive, Suite #206, Thousand Oaks, CA 913200**

Villa Esperanza Services is a non-profit organization providing love, care and hope for individuals with developmental/intellectual disabilities. Services include education, employment training and support.

(805) 446-1939 [villaesperanzaservices.org](http://villaesperanzaservices.org)

### **Westminster Free Clinic - United Methodist Church of Thousand Oaks 1000 E. Janss Rd., Thousand Oaks, CA 91360 and Westminster Presbyterian Church, 32111 Watergate Rd., Westlake Village 91361**

Westminster Free Clinic (WFC) offers all services in Spanish and English including free primary medical care, some dental services, vision services, a diabetic specialty clinic, mammograms, x-rays, labs, physical therapy, chiropractic care, podiatry, and legal services. Many other health promoting services are offered as well. Behavioral health services include weekly, one-on-one and family mental health counseling, a weekly grief & loss class, and a 7- week training and advocacy parenting program. WFC's signature program is their 2-year Healthcare Training & Internship Program for over 100 high school youth, that meets the requirements for teens to become certified Medical Assistants. WFC is a community-wide collaboration making all donated, free services possible.

(805) 241-8366 [westminsterclinic.org](http://westminsterclinic.org)

### **Youth Outreach Program - 1375 E. Janss Rd., Thousand Oaks, CA 91362**

This unique program helps at-risk teens (Grades 7-12) find success with peer social situations, schoolwork and family life. Outreach workers redirect noninvolved teens to positive activities. Outreach workers are housed at the Thousand Oaks Teen Center, yet spend the majority of their time at the secondary school sites facilitating life skills groups, bullying awareness programs, and meeting with individual students. This program is administered by the Conejo Recreation & Park District and funded by both Conejo Valley Unified School District and Conejo Recreation & Park District.

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(805) 494-5156 [thousandoaksteencenter.com/youth-outreach](http://thousandoaksteencenter.com/youth-outreach)